



Hours related to the College of Chiropractic Orthopaedic Specialists.

Note: Mandatory 10 hours of CDI course material per cycle OR a Master or PhD level education program at an accredited institution.

The following can be counted towards the 20 structured and 20 unstructured hours required by an active orthopaedic fellow:

- 10 hours per year for sitting on the board of CCOS(C).
- 15 hours per year for an executive position on the board i.e. President, Vice President, Secretary, Treasurer, IANM representative, SASPC, SCC representative.
- 12 hours for teaching an orthopedic post-graduate module or an undergraduate orthopaedics program at an accredited College or University.
- 12 hours for acting as a tutor for an undergraduate orthopaedics program.
- 20 hours for publishing a paper in a refereed, peer-reviewed, or approved journal. (must include a review of the literature).
- 10 hours for functioning as a peer reviewer for a peer-reviewed journal when related to orthopaedics.
- 10 hours for a pertinent book review or authorship of an online educational program in orthopaedics.
- 30 hours for acting as an examiner at the American Board of Chiropractic Orthopedists or Academy of Chiropractic Orthopedists.
- 10 hours for acting as an examiner at the Canadian or National Boards or for representing our college in these organizations.
- 10 hours for sitting on the editorial board of a refereed, peer-reviewed, or approved journal.
- 1 hour for attending the AGM.
- Up to 3 hours for Mentorship of Doctors of Chiropractic or other Fellows with a letter of acknowledgement from the Mentee.
- 10 hours for a conference presentation (platform/workshop/poster) per reporting period.

Participation in any specialty-level CE courses—structured hours must be proven with an official certificate confirming hours attended.

- Participation in specialist-level online conferencing such as ECHO [Extension for Community Healthcare Outcomes \(ECHO\)](#)
- McMaster University Faculty of Health Sciences Continuing Professional Development courses [McMaster University faculty of health sciences, continuing professional development courses](#)
- Any other specialist-level CE program through Bridgepoint University [Neuromusculoskeletal Medicine program at the University of Bridgeport](#)
- Participating in any specialty college's continuing education conference
- Any specialist-level CE program through the IANM
- Any specialist-level program through [postgraddc](#)
- Any intermediate-level courses at [Coursera](#).
- Any [Cox technic](#) seminars or courses approved by the IANM